

Campbell Adult Center

Special Edition Newsletter

April 2020

A NOTE FROM THE STAFF

Dear Campbell Adult Center Member,

We hope this newsletter finds you and your families healthy and safe. These are unprecedented times for everyone and especially challenging for older adults. We wanted a way to connect with our members and thought this newsletter would be the most efficient and effective means to reach everyone.

In accordance with the Santa Clara County Public Health Shelter in Place Order, the Campbell Community Center is closed through May 3, 2020. It is our hope that you are receiving the assistance and support you may need during this time. Below we would like to share the following information and key resources that may help you and/or a loved one.

It is extremely important to take care of yourself. You are not alone and your feelings of uncertainty are shared by others. Feel free to contact staff at 408-866-2146. This voicemail is checked daily and staff will get back to you within one business day. Take care!

Tina

Donna

Judy

Cathy

Pat

Randi

Nancy B

Gayathri

Sandy

Nancy R

Hyma

NUTRITION PROGRAM

The Campbell Nutrition Program offers take home meals Monday through Friday, Pick up time is 11:00am-12:00pm. Eligible participants must be a minimum age of 60. Please call **408-866-2764** by Noon the business day before to reserve a meal.

Note: Mon/Wed/Fri are American cuisine catered by Bateman

Tues & Thurs are Asian cuisine catered by Moonchef

The Campbell Adult Center is partnering with the Rotary Club of Campbell to offer home delivered meals for Campbell residents and those within a 5 mile radius of the City of Campbell.

GROCERY & PRESCRIPTION ASSISTANCE

Second Harvest Food Bank is committed to providing free, nutritious food to anyone in need – even if they've never needed their services before or only need them temporarily. To find out where the nearest grocery distribution: Call the Food Connection hotline at 1-800-984-3663; Email at getfood@shfb.org or Text "GETFOOD" to 408-455-5181.

Grocery & Prescription Delivery The Campbell Adult Center is partnering with local volunteer groups to offer free delivery service for groceries and prescriptions for Campbell residents and those within a 5 mile radius of Campbell. Contact our Office at 408-866-2146 to request assistance.

TRANSPORTATION

Both agencies listed below require registration before receiving services:

VTA Access: Operational for persons with disabilities. Call 408-321-2300.

RYDE: For Campbell residents 65+ for non-emergency medical appointments and food delivery. Call 669-220-0831.

**SEE BOTTOM OF NEXT PAGE
FOR ADDITIONAL INFORMATION**

X

City of Campbell
Recreation & Community Services
Department
1 W. Campbell Avenue, Ste. C-31
Campbell, CA 95008-1039

X

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OR CURRENT RESIDENT

TAX NEWS

Federal and State Income Tax filing dates have been **extended to July 15, 2020**. Income Tax assistance may be offered when the Center resumes operation. Please call the Center at 408-866-2146 in May for an update.

OTHER RESOURCES

Legal: Senior Adult Legal Assistance (SALA) is available for phone consultations. To request assistance from SALA, persons 60 or older should call SALA's Central Office at 408-295-5991 and leave a message.

Emotional Support: Contact the California Senior Hotline at 1-833-544-2374 or the Institute on Aging Friendship Line 1-800-971-0016.

Virtual Recreation: Ideas for Staying Active, Healthy and Connected on the City of Campbell website: <https://www.campbellca.gov/1093/Campbell-Virtual-Recreation>



Campbell Adult Center
408-866-2146

**Parks
Make
Life
Better!**